

**March 16, 2020 3pm**

Dear PGUSD Families,

Thank you again for your support.

A few updates to provide at this time:

From Nutrition Services

Drive-thru or walk-up to either location for a free meal comprised of lunch and next-day breakfast from 11:30a - 12:15p, Monday through Friday during school closures.

- Pacific Grove High School: distribution in student parking lot off of Sunset Dr.
- Robert Down Elementary: distribution in front of Pine Ave. gate between the main building and kinder wing

\*Student(s) must be present to receive meal(s). One meal per child aged 18 and younger.

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<u>Breakfast:</u> Assorted Baked Item & Raisin  <u>Lunch:</u> Sunflower Seed Butter & Jelly Sandwich String Cheese Crackers Carrots Fruit Juice	<u>Breakfast:</u> Assorted Baked Item & Raisin  <u>Lunch:</u> Protein Box – egg, string cheese, apple, carrots, roll <b>OR</b> Turkey & Cheese Sandwich box w/ apple, carrots	<u>Breakfast:</u> Assorted Cereal & Raisin  <u>Lunch:</u> Chicken House Salad w/ Dinner Roll <b>OR</b> Vegetarian House Salad w/ Dinner Roll	<u>Breakfast:</u> Assorted Baked Item & Raisin  <u>Lunch:</u> Protein Box – egg, string cheese, apple, carrots, roll <b>OR</b> Turkey & Cheese Sandwich box w/ apple, carrots	<u>Breakfast:</u> Assorted Baked Item & Raisin  <u>Lunch:</u> WOWbutter & Jelly Sandwich Crackers Veggies w/ Ranch Fruit Juice

\*1% milk / nonfat chocolate milk available at pick-up with meal. \*Menu and availability subject to change.

As a reminder, the most effective way to slow and disrupt the transmission of the pandemic is by implementing social distancing practices. In order for these preventative measures to be effective, **students should stay home and minimize social contact as much as possible to keep caregivers and adult family members safe.** Children have not been shown to be a high-risk group for serious illness from this virus. However, they can transmit the virus to those most vulnerable. Public health officials recommend that families make arrangements for childcare during closure that avoid leaving children with elderly or those with compromised immune systems, those who are more vulnerable to the impact of the virus.

The school sites will send site-specific updates to families at 4pm so please keep an eye out for more communications.

The next District update will be at 11am tomorrow, Tuesday, March 17.

Thank you & stay safe,

Ralph Porras  
Superintendent