

**March 6, 2020**

Greetings PGUSD Families,

We appreciate your attention to and support of all of the district communications that you have received regarding the Coronavirus and invite you to visit our district homepage where you will find more information on our efforts to mitigate the effects of the Coronavirus within our school community.

Please find the most recent guidance letter on the Coronavirus from our State Superintendent Tony Thurmond [here](#) .

We continue to emphasize health and hygiene practices to all of our staff and students so that we minimize both the contraction and transmission of all communicable illnesses.

The California Department of Public Health (CDPH) recommends the following steps to prevent the spread of all respiratory viruses: Wash hands with soap and water for 20 seconds. In the absence of soap and water, use an alcohol-based hand sanitizer. Avoid touching eyes, nose, and mouth with unwashed hands. Avoid close contact with people who are sick. All those who are ill should stay home and only return to work and school when fever-free for 24 hours without the use of over-the-counter medication.

School resources to promote healthy habits for young students can be found on the Centers for Disease Control and Prevention (CDC) website at <https://www.cdc.gov/handwashing/materials.html>.

Thank you very much and have an enjoyable weekend,

Katrina Powley, PGUSD Nurse (831) 646-6514